

Quarterly Report

of

Activities/Events

under

“Swachh Bharat Abhiyan”



PANJAB UNIVERSITY, CHANDIGARH

(July 2018 – September 2018)

1. Plantation drive organized by Horticulture Division, P.U. on July 10, 2018

A plantation drive was organized today by Horticulture Division of Panjab University near International Hostel in its South Campus. Sh. Davesh Moudgil, Mayor, Chandigarh was the Chief Guest on the occasion. He planted a sapling which was followed by other dignitaries present. The Mayor appreciated the efforts and further said that he will be more than willing to be part of such initiatives in future.

Prof. Nishtha Jaswal, Dean of University Instruction, encouraged the people to come forward to contribute their bit in the conservation of environment. Col. G.S. Chadha, Registrar, appreciating the efforts, said that the success of such events shows the concern of the people and youth in particular towards the environment.

Mrs. Radhika Anand, CEO & Founder, Plantology, a self funded organization and an alumnus of Panjab University donated about 1100 plants for this event. Plantology has been associated with such green initiatives in the past and has planted about 2,30,000 saplings in 14 states. Mrs. Anand interacted with NSS and NCC volunteers and appreciated their efforts.

Er. Anil Thakur, Divisional Engineer (Hort.), Panjab University apprised the Mayor and all those present that the Horticulture Division of Panjab University is always striving to make the Campus greener and cleaner and this drive is a humble step in this direction. He further stated that the Plantation Day has been organized for the first time in Panjab University and due to the overwhelming response it has received, the Plantation Day will be organised on 10th of July every year to commemorate the beginning of new session.

Plants such as Amaltas, Cassia Nodosa, Bottle Brush, Behera, Ashoka, Gulmohar, Lagerstroemia Speciosa were planted. First year students of University Institute of Hotel Management & Tourism under the able guidance of their Director, Dr. Prashant Kumar Gautam and other teachers also planted saplings. About 200 NCC and NSS Volunteers also participated in the event.

Lt. Gen. (Retd.) Kamal Jit Singh, Chair Professor Maharaja Ranjit Singh Chair, Prof. Anil Monga, Dean of Alumni Relations, Prof. Emanuel Nahar, Dean Student Welfare, Prof. Neena Capalash, Dean Student Welfare (W), Prof. Ranjan Kumar, Associate Dean Student Welfare, Dr. Ashwani Koul, Chief of University Security, Mrs. Renuka B Salwan, Director Public Relations, Mrs. Navdeep Sharma, Co-ordinator NSS, Manager Press, Er. R.K. Rai, Executive Engineer and Ar. Harpreet Singh, Architect of P.U. also participated

in the event along with teaching & non-teaching staff, wardens, retired teaching & non-teaching employees and alumni of P.U.



2. Plantation drive at Laxmi Bai Hostel for Girls on July 14, 2018

Horticulture Division, P.U. organized a tree plantation drive at Laxmi Bai Hostel for girls. About hundred plants were planted of different varieties. On this occasion a felicitation ceremony was organized by Horticulture Division. Prof Emanuel Nahar, DSW and Prof. Neena Caplash DSW (women) participated in the drive. Dr. Kamla, Hostel Warden expressed that it was very satisfying to take this noble task for the betterment of environment.



3. UIET faculty and staff organized a Tree Plantation drive on July 18, 2018

The faculty members and staff at UIET, P.U. are setting examples for society by preferring to Plant Trees on their birthdays than partying. Under this series, Dr. Gagandeep Singh, faculty member from UIET donated saplings that were planted at UIET today by faculty members and staff of Mechanical Engineering department. Last week, one staff member from ECE Department also donated the plants on birthday of her son. The faculty members pledged to take care of the plants as well, conveyed Prof. Savita Gupta, Director UIET.



4. Tree Plantation UIET on July 26, 2018

University Institute of Engineering and Technology (UIET), P.U. organized a tree plantation drive in collaboration with Infosys to celebrate the start of the new academic session 2018-19. Prof. Raj Kumar, Vice Chancellor, Panjab University inaugurated the tree plantation drive. Prof. Kumar while interacting with faculty and staff emphasized the importance of green cover and stressed that everyone should contribute towards cleanliness and maintenance of the campus. He also urged to involve students in the same. Prof. A.S. Ahluwalia, Secretary to VC, Prof. Savita Gupta, Director UIET and Prof. Renu Vig also planted saplings on the occasion. The plants were donated by Ms. Sunaina Munshi and her team from Infosys. This was the third tree plantation drive conducted within a span of one month at UIET.



5. PROGRAMME ON WASTE MANAGEMENT AND CLEANLINESS on July 26, 2018

Programme on Skill Se Sampurn Swachhta Pakhwada was organized by Jan Shikshan Sansthan, Chandigarh in collaboration with Department of Community Education and Disability Studies, P.U. A programme on Waste Management and Cleanliness was organized for the Faculty and Students of the Department. Dr. Dazy Zarabi, Chairperson of the Department welcomed the organizers and the Resource Person. She said that under this programme various activities like Tree Plantation, Personal Hygiene and Cleanliness, Wormy compost, Stress Management and Health and Hygiene were organized for different levels of beneficiaries. Dr. Ayna Kakkar from GMCH, Sector-32, Chandigarh discussed different Strategies of managing waste at individual level, family and community level.

Sh. Arjun Kamboj, Director, JSS, Chandigarh discussed in detailed the various programmes organized by the Organization for different level of beneficiaries. He also informed the group that earlier JSS was sponsored by MHRD but now it falls under Ministry of Skill Development and Entrepreneurship. The programme ended by meditation session conducted by Sh. Arjun Kamboj which was very well appreciated by the participants.

6. Awareness campaign on World Hepatitis Day at P.U. on July 28, 2018

The students and research scholars of the Department of Biochemistry carried out an awareness campaign on the occasion of World Hepatitis Day on July 28, 2018 in University campus. Professor Archana Bhatnagar, Chairperson of the department had

organised this activity under the Swachh Bharat, Swasth Bharat Mission. She conveyed that as awareness about global burden of this viral disease needs to be disseminated to common people, so this task was taken up as an opportunity to educate public about "Hepatitis, its prevention and control measures". A large population is living with this infection, which is also responsible for liver cancer in many cases. Hence, it is important to bring this silent epidemic to light and educate the people about "Testing and treating Hepatitis", the theme of this year, as notified by World Health Organisation.



7. Swachh Bharat Summer Internship Programme of P.U. concludes on July 31, 2018

Panjab University NSS Department, volunteers of its affiliated colleges in Punjab and Chandigarh as per-directions of the Ministry of Human Resource Development worked in their adopted villages for 100 hours as individuals and in teams from 1st May, 2018 to 31st July, 2018.

Around 300 volunteers with 15 Programme Officers of NSS (Nodal Officers) were registered from P.U. 2700 volunteers and 120 Programme Officers were registered from the colleges affiliated to Panjab University.

The Interns made the people aware about sanitation related issues and trigger a change in sanitation related behaviour. They organised awareness campaigns like hand washing, health and hygiene awareness camps, performed "Nukkad Nataks" around swachhata, conducted school level rallies on various social issues in Khuda Lahora, Khuda Jassu, Khuda Ali Sher and Dhanas. They made wall paintings in public offices on the theme of Swachhata & Swachhata related movies were also screened in public places. They with the help of sarpanches of the villages kept dustbins, created awareness about waste

collection, segregation, disposal and waste free environment. The interns also worked in their hometowns like Kinnaur, Kullu, Shimla and Haryana.

The programme was as a part of “Swachh Bharat Summer Internship Programme” of MHRD and Swachh Bharat Mission, Ministry of Drinking Water and Sanitation.



8. Girls Educated about Hygiene and Health under the initiative STEP UP and LEAD

Under the initiative STEP UP and LEAD, the students of Department of Biochemistry, donated sanitary pads to the underprivileged students at Government Senior Secondary School, Khuda Lahora. Prof. Archana Bhatnagar, Chairperson, organized this feeling it as a major social challenge where empathetic interventions such as these can empower adolescent girls from low income background. She informed that their aim is to strengthen young minds to be critical towards social stigma related to girls, helping them realize their self-worth, improving education resulting in better economic opportunities.

The students of the department educated the girls about hygiene and awareness regarding health of adolescence so that shame about puberty is removed and they revalue menstruation as a clean, natural biological process, breaking the silence about menstruation. She emphasized that this will contribute to improvement of attendance in schools as menstruation is one of the major reasons for absence from schools.



9. Practical sessions for students and faculty at Government Model High School-2, Dhanas on August 4, 2018

On 4th August 2018, Government Model High School-2, Dhanas organized two practical sessions for students and faculty of the school. The first session was about the assessment, evaluation and counselling of the students and feedback to faculty. Under this two group sessions were conducted for classes 9th and 10th. Counseling session revealed that the students lacked the basic understanding of languages (English, Punjabi, and Hindi) and also mathematics. Due to this, the students are unable to perform well in class as well as their exams. Lacking the understanding of languages has led to them not being able to even understand the questions itself.

Kriti Chowdhri, the councilor recommended to drop the academic syllabus for at least a span of 1 month and only concentrate on the remedial classes. Only then will the students be able to perform well. Principal Dr. Ravinder Kaur who initiated this process spoke to teachers about the feasibility and conduct of remedial measures.

In another session Dr. Arun Bansal and Mr. Paras from Social Substance were invited to school to talk to students and hunt the hidden talent for arts form. About fifty students were chosen for the session from class 7th to 9th. Students responded affirmatively toward learning using the drawings painted on walls and expressed that they would like to paint the walls with educational material. Eight students were chosen for advance training in the field. It was recommended that school should explore the vocational avenues for the students as the school is located in such an area where children seek employment every here and now to support their families. Dr. Ravinder Kaur emphasized while concept is true education oriented and one of its kind still it is education department who has to take final call on it.



10. State Level Consultation Meet on National Biodiversity Targets and Preparation of India's Sixth National Report on Biodiversity to United Nations

Punjab Biodiversity Board (PBB) and Natural Biodiversity Society of P.U. with the technical and financial support of National Biodiversity Authority, Govt. of India organized State Level Consultation Meet on National Biodiversity Targets and India's Sixth National Report to United Nations' Convention on Biological Diversity (CBD) on Aug 9, 2018 at MGCIPA Complex Chandigarh.

Sh. Gurharminder Singh from Punjab Biodiversity Board apprised that major objectives of the Meet was to seek inputs from various stakeholders of Punjab and Chandigarh for preparation of India's Sixth National Report to CBD and enhancing the awareness about National Biodiversity Targets & related issues.

Dr. Arun Bansal, Natural Biodiversity briefed that about 100 representatives of about 60 government departments, members of District, Block and Village BMCs, Academic and Research Institutions, proactive NGOs working in the area of Biodiversity Conservation, media etc attended the meet. The event was marked success with facts like two friends have created their own Jungle at their private land, Organic farming efforts by individual farmers, setting up of biodiversity parks, wild animal rescue and rehabilitation, identification and documentation of important medicinal plants, conservation of native species, use of ICT resources for planning and monitoring of biodiversity, networking and channelization of biodiversity related resources etc.

Dr. Roshan Sunkaria IAS, Principal Secretary to Govt. of Punjab, Department of Science Technology & Environment along with Dr. Jatinder kaur Arora, Executive Director, PSCST cum Member Secretary, Punjab Biodiversity Board inaugurated the meet. Dr. Paramjit Singh, Director, Botanical Survey of India, Kolkatta delivered keynote. Two posters on endangered species of Faridkot District prepared by Punjab Biodiversity Board and Nodal Officer, District BMC were released on the occasion.

All the participants who made sustained efforts towards conservation of biodiversity uploaded their activities towards creating awareness on biodiversity and conservation initiatives on Govt. of India portal (www.nationalreport6.in) during the workshop. All the inputs of the workshop will be considered by Ministry of Environment Forests and Climate Change, GoI for incorporation in National Report of India as well as progress achieved towards fulfilling the Twelve National Biodiversity Targets. The Government of India will submit the report to CBD Secretariat, Montreal by Dec 2018.



11. Launch of HIV/AIDS awareness cum community based testing campaign at P.U. on August 8, 2018

Chandigarh State AIDS Control Society launched HIV/AIDS awareness campaign at Panjab University today. The campaign was launched by Prof. Raj Kumar, Vice Chancellor, P.U. along with Dr. Vanita Gupta, Project Director, CSACS, Dr. Davender Dhawan, CMO, Prof. Emanuel Nahar, DSW, Prof. Neena Caplash, DSW (Women) from Student Centre, Panjab University.

Dr. Vanita Gupta, Chandigarh State AIDS Control Society informed that Youth in India comprises 34.8% of the total population and youth are vulnerable to HIV. It is seen that 86% of those infected, are in the age group 15-49 years. It is important to equip the youth with correct knowledge and information about Sexually Transmitted Infections and how to avoid Drug Abuse. It is also very important to motivate the youth to come forth as regular Blood Donors. It is important that they keep healthy and fit. She said that the need of the hour is to talk openly about HIV because communication is the only tool which will help us to fight back HIV. The launch of the program in Panjab University will help students to gather knowledge and avail of the free counselling and testing facility which will be provided at their doorstep, in the Health Centre of the University.

Prof. Raj Kumar, Vice Chancellor, Panjab University supported the cause wholeheartedly and suggested that all hostels and colleges be sensitized. Feedback and assessment of information imbibed by the students should be assessed. He committed support and cooperation from the entire Panjab University. The programme was a huge success and a large number of students benefited from the education and messages conveyed through a Street Play.



12. P.U. NSS unit organized IAM meditation session on August 9, 2018

Integrated Amrita Meditation Technique (IAM) was created by world renowned spiritual and humanitarian Sri Mata Amritanandamayi Devi affectionately called "Amma" by millions throughout the world. IAM is a simple combination of yoga, pranayama and meditation that takes just 20 minutes a day. It is a meditation technique for modern days.

The NSS Program Coordinator, Dr. Navdeep Sharma shared that in its endeavour to reach out youth in Chandigarh, the NSS Unit of Panjab University has hosted the IAM Meditation Session for the students as a way forward to channelize and tap in their energies in positive direction. The session was well attended by around 50 participants from across different faculties. The students were apprised that IAM technique is a synthesis of traditional, time-tested methods suited for the current mental conditions, time-constraints and needs of modern man. Amma's disciples teach the technique, free of charge, in all parts of the world. The IAM team from Amritappuri (Kerala) who led the session included Shri Narender Ji, Shweta and Sadhna Ji. The students were also acquainted with youth leadership program "AYUDH" OR Amrita Yuva Dharma Dhara is the youth wing of Mata Amritanandamayi Math aiming to use the powerful force of young people to perpetuate natural harmony, social justice, and personal empowerment. The NSS Volunteers Nihal Kaur and Baljit Kaur were the driving force for organizing the event.

13. Swachh Bharat Summer Internship Programme by Department of Environment Studies, P.U.

Under Swachh Bharat Summer Internship programme, a team of students completed 100 hour under the supervision of Dr. Suman Mor, Department of Environment Studies. Team comprised of team leader Ashpreet Kaur and team members Yogita and Anchita Thakur from Dept. of Environment Studies, Sukhman Singh, Sharndeeep, Yendrembam Binand Singh from Department of Evening Studies and Rajan Kumar from Library and Information Science. The team adopted village Kaimbwala to meet the objective of this training programme and for raising awareness about waste segregation, waste management, health and hygiene. The team visited the adopted village and surveyed the area. Members also interacted with the Sarpanch and residents of village and made an attempt to understand the local environment issues so that same can be addressed during this programme. With the support of U.T. Forest department, team members distributed 100 plants including tulsi, amla, aloe-vera, etc. to the residents and sensitised them about benefits of growing plants. Further, with the help of Sarpanch of the area, the street sweepers and waste handler working in the area were provided with personal protective things like gloves, masks, etc. and were sensitised that why it is important to use them while working. Two bins system was also introduced in the village and dustbins were

installed at various places with the help of Sarpanch. Residents were also made aware about use of these bins and benefit of segregation of waste. Fun games were also organized in which school children participated and learned about waste segregation. With school children events like cleanliness drives, plantation drives, best out of waste competition, organic rangoli competition, fun way to learn waste segregation, solid waste segregation demonstrations were carried out. Painting event with the support of school fine arts teacher Mr. Tulsi Ram was also conducted. Lecture on proper disposal of diapers and sanitary pads, malaria and dengue, importance of 3R's- reduce, reuse, recycle were conducted. Demonstrations on hand washing techniques and making detergents and cleaning agents at home by using eco- enzymes were also done.



14. Tree Plantation Drive organized at Department of Arts History & Visual Arts, Ancient Indian History, Culture and Archaeology, Gandhian and Peace Studies on August 14, 2018

Under the kind patronage of the Vice Chancellor, P.U., Prof. Raj Kumar, the Horticulture Division of Panjab University organised various plantations drives in July and August 2018. Another plantation drive was organised today at the Department of Arts History & Visual Arts, Ancient Indian History, Culture and Archaeology, Gandhian and Peace Studies, wherein more than 150 plants of the variety Ficus, Bottlebrush, Kachnar, Chandani and Dracena were planted. Prof. Emanuel Nahar, DSW, Sr. Prof. M.L. Sharma, Dr. Tirthankar Bhattacharya, Chairperson, Deptt. of Arts History & Visual Arts, Dr. Ashu Pasricha, Chairperson, Deptt. of Gandhian and Peace Studies & Dr. Renu Thakur, Chairperson, Deptt. of Ancient Indian History, Culture & Archaeology participated in the drive and also planted saplings.

In the plantation drive, more than 100 students from the University participated with great enthusiasm and also adopted the plants showing their commitment towards environment protection. Students of 1st year of the participating departments in particular were the most enthusiastic and were feeling proud to be a part of the University which has set an example in greenery for the residents of Chandigarh and other institutions of the tricity. Ms. Gagandeep Kaur, a blind student of 1st year of Deptt. of Ancient Indian History, Culture & Archaeology also participated in the plantation drive setting an example for other students to emulate.



15. Cleanliness drive at Mehar Chand Mahajan Boys Hostel No. 1, P.U. on August 18, 2018

Boys hostel No-1 residents and NCC Boys Wing, P.U. organized a cleanliness drive. The event started with two minutes silence for Bharat Ratan Awardee Late Shri Atal Bihari Vajpayee and homage was paid to him with a cleanliness drive in his memory. The premises and surrounding of hostel was cleaned and a message to the residents was passed regarding the need of clean and green environment. Prof. Emanuel Nahar, DSW, Dr. Rajeev Kuma, Warden, BH-1, Lt. Dr. Kuldeep Singh, NCC Coordinator and various faculty from different departments also participated in drive. Prof. Raj Kumar, Vice

chancellor, P.U. appreciated the initiative taken by the hostel residents and NCC cadets (40 in number).



16. Swachh Bharat Abhiyan Committee of P.U. celebrates Senior Citizen Day on August 21, 2018 at Village Khuda Lahora

Swachh Bharat Abhiyan team of Panjab University celebrated Senior Citizen Day at village Khuda Lahora by organizing a sensitization programme for the senior citizens of the village. It was organized by Dr. Monica Munjal from Department of Social Work, Dr. Namita Gupta, Centre for Human Rights and Duties and Dr. Anu H. Gupta, University Institute of Fashion Technology and Vocational Development.

Students from University Institute of Fashion Technology and Vocational Development, Department of Social work, Centre for Human Rights and Duties and team of Enactus from Dr S.S.Bhatnagar University Institute of Chemical Engineering & Technology participated in this interactive programme. A gathering of around 70 people was there. The programme started with a short play emphasizing the role and contribution of senior citizens and elderly in our society.

The students of the Human Rights Department imparted insights on the Government schemes for Women, Children and senior citizens. The members of the Enactus team delivered a speech on the importance of basic rights, cleanliness and hygiene and how to achieve it further clarifying the doubts of the villagers. The event ended as a huge success with a dance and song performance by the students of UIFT, Panjab University.

Shri. Rakesh Sharma, Sarpanch of Khuda Lahora village applauded the endeavours of Panjab University for always providing help to the residents of his village and other villages in getting the skill development training in various fields for earning livelihood and also for conducting various awareness and sensitization workshops/camps on societal issues. He said he is completely impressed by the enthusiasm and dedication of young students and the way they are serving the society.



17. Sessions on Healthy Eating Habits at P.U. on August 23, 2018

In line with the directives from University Grants Commission (UGC) to Vice Chancellors of all Universities regarding ensuring strict adherence for ban for junk food to set new standards for healthy food and reduce obesity levels in young learners, Prof. Neena Capalash, Dean Student Welfare (Women) informed that the Canteens at P.U. Hostels for not serving any junk food. The menu will also be decided by the Dietician Ekta Bajaj after assessing the food value.

In an initiative to make students aware of healthy eating habits, more lectures/interactive sessions will be organised for girls and boys hostels. Prof. Emanuel Nahar, Dean Student Welfare (Men) informed that the guidelines as per the directives of UGC are already implemented and a fresh circular, however, will again be circulated.

18. Plantation drive organized by AIHC&A in coordination with Department of Horticulture on August 24, 2018

A plantation drive was held by Department of AIHC&A in coordination with the Department of Horticulture in and around AIHC&A museum. Professor Emanuel Nahar, DSW, faculty, staff and students of the department participated and planted ornamental plants. Students of the department took pledge that they will take care of the plants and water them also. A visually impaired student, Miss Gagandeep Kaur showed keen interest in the drive and planted a sapling.



19. Tree Plantation Drive at UIAMS, P.U. on August 28, 2018

University Institute of Applied Management Sciences (UIAMS) organised a Tree Plantation Drive, in which Prof. Shankarji Jha, Dean of University Instruction, Panjab

University, highlighted the importance of clean and green environment. He stressed upon the need of bringing transparency in thoughts, words and actions. The clean and green environment ensures such transparency and also good health. The drive was conducted jointly with Mahindra Finance and NSS wing of Panjab University, Chandigarh, where Mahindra Finance donated 230 saplings as a part of their Corporate Social Responsibility Initiative. Sh. Devendra Saharan, Circle Head-Auto Division represented the team of Mahindra Finance. Prof. Upasna Joshi Sethi, Director, UIAMS conveyed that all participated enthusiastically in the drive.



20. Plantation drive at Department of Biochemistry, P.U. on August 29, 2018

Plantation drive was carried out around BMS Block-II, in the Sector 25 Campus of Panjab University, in which the faculty, staff and students of Department of Biochemistry as a community of passionate tree planters and lovers planted fifty (50) trees with help of Horticulture Department of the University. "Tree plantation is a necessity, need of the hour and planting of trees protects our environment against air pollution and global warming apart from providing fruits, flowers and medicines" commented Prof. Archana Bhatnagar, Chairperson, Department of Biochemistry.



21. Cleanliness and Plantation Drive in the Department of Biophysics on August 29, 2018

Department of Biophysics under the aegis of Swachh Bharat Abhiyan carried out a massive cleanliness and plantation drive. A number of new pots were purchased and painted by the students of the department and a variety of indoor plants were planted with the assistance of Horticulture Department of Panjab University, Chandigarh.

The Chairperson, faculty, staff, Research Associates, Research Scholars and students (graduate and Post-graduate) participated in both the events of the department. Research and teaching laboratories, lecture halls, library, animal house, instrument room, corridors, elevators, stairs, washrooms, faculty rooms and office were thoroughly cleaned. Cobwebs were removed, window panes were cleaned and all rooms and corridors were broomed and moped. All the members enthusiastically contributed towards the cleanliness and made this event a huge success.





22. Cleanliness drive by NSS Volunteers on August 29, 2018

NSS volunteers of Department of Evening Studies - Multi Disciplinary Research Centre held a cleanliness drive, under the guidance of Programme officer Dr. Nirmal Singh. The area cleaned included the Department of Evening Studies, along with the parking area. The activity began at 8:30 a.m. and around 40 volunteers contributed to it, which included the students from B.A., B.Com. and M.A. courses. The volunteers showed their dedication by performing the activity in an efficient manner.

23. Swachhta Abhiyan organized by Department of Art History & Visual Arts on August 27, 2018

The Department of Art History & Visual Arts organized Swachhta Abhiyan with the help faculty, students and the staff of the department and all volunteers took Swachhta Pledge also.



24. Plantation drive by Department of Sanskrit, P.U. on August 31, 2018

Department of Sanskrit organized a plantation drive, in which approx. 30 plants were planted by the students of M.A 1st and 3rd Semester and research scholars in the presence of teaching and non-teaching staff of the department in the ground of Arts Block -I. It was coordinated by Horticulture department. Each individual plant was adopted by the students of the department.



25. Workshop ‘Nurture Nature While Learning English Language’ on August 31, 2018 at Government Model High School RC2, Dhanas

Social Substance group of P.U. is traversing a complete life cycle with its philosophy and it has found by research that modern life style is driven by the physical needs rather than spiritual needs. Converting this weakness as an opportunity, the need of students was served by practical sessions this Friday Aug 31, 2018 at Government Model High School-RC2, Dhanas. Sh. Madhusheel Arora, Assistant Editor, Hindustan Times and Sh. Hemant Singh Rana, Senior Copy Editor, The Tribune conducted a workshop ‘Nurture Nature While Learning English Language’. In a unique concept the students were taught English Language but the content was driven in accordance to nurture habits for concord with nature. About 50 students from various classes 6-10 were selected by teachers of school based on their needs. Two sessions i.e. spoken and written English were conducted. Mr. Amit Ghildiyal, IT Manager took a session on Time Management and taught students to manage their effective learning time at home. Dr. Arun Bansal who coordinated the workshop emphasized that basic needs were changing and study must lead to a blissful

life. Ms. Ravinder Kaur, Principal of the School mentioned that she is taking every possible measure to provide resources to teachers and students. She would be planning soon such a workshop for teachers also.



26. Cleanliness Drive at USOL-ISSER Premises, P.U. on September 4, 2018

The NSS team of University School of Open Learning organized a cleanliness drive at USOL-ISSER premises to spread the message of Swachh Bharat Abhiyan through a mass movement of cleanliness. The drive was launched by Prof. Yojna Rawat, Chairperson, USOL, Panjab University. NSS Programme Officers namely Dr. Sucha Singh, Dr. Purva Mishra and Dr. Parveen Kumar conducted the cleanliness drive and also motivated the students to make it a routine to keep their surroundings clean and green. As a whole, 102 students from Institute of Social Sciences Education & Research, Department of Physical Education, Department of Public Administration & University School of Open Learning, Panjab University collected the litter by segregating it into biodegradable and non-biodegradable parts at USOL-ISSER Premises.





27. Tree Plantation Drive organized by USOL-NSS on September 7, 2018

The NSS wing of University School of Open Learning (USOL) conducted a Tree Plantation Drive, in which Prof. Emanuel Nahar, DSW, Prof. Parveen Sharda, Chairperson (Officiating), Dr. Purva Mishra, Dr. Sucha Singh and Dr. Parveen Kumar along with other faculty members and students planted the saplings. The drive was organised in collaboration with Horticulture Division of P.U. As many as 58 NSS volunteers planted the saplings. The volunteers took the initiative to adopt and maintain the planted saplings in future.



28. Tree Plantation Drive organized by Department of Public Administration, P.U.

The Department of Public Administration, Panjab University, Chandigarh organized a Plantation Drive on 15th September 2018. Prof.Ramanjit K. Johal, Chairperson and faculty members Dr.Bharati Garg, Dr. Bhawna Gupta along with office staff, Research, Scholars, MA Students planted 15 plants behind Arts Block III, P.U. Number of participants were around **30**.



29. Animal Law Training at Panjab University on September 14 & 15, 2018

NSS, Panjab University Chandigarh in collaboration with Humane Society International / India and NALSAR Hyderabad held an Animal Law Training Program for two days i.e 14th and 15th September 2018 at Golden Jubilee Hall, Panjab University Chandigarh. In this training programme, more than **100** students and volunteers from Chandigarh, Punjab, Haryana and Himachal Pradesh participated.

The training was imparted by Ms. Aporva Katpatal and Mr Sumanth Vindumadhav who specially came from Hyderabad and Tamil Nadu. They shared the most important

provisions under the Prevention of Cruelty to Animals Act, 1960 viz. The Transport of Animals Rules, Panjab University Chandigarh 1978, The Animal Birth Control (Dogs) Rules, 2001 etc.



30. “Shramdaan” under Swachh Bharat Abhiyan at P.U. held on September 18, 2018

The Mother Teresa Vanity Club of the Institute of Educational Technology and Vocational Education (IETVE), Panjab University, Chandigarh organized “Shramdaan” under Swachh Bharat Abhiyan. The programme was coordinated by Dr. Kanwalpreet Kaur, Chairperson and Dr. Rekha Rani, Incharge of the Club. The different groups of students of each class around **200** in number were assigned the specific area for the activity. All the faculty members and students of the Institute participated in this activity enthusiastically. Also, Inter class ‘Classroom Decoration Competition’ was held. The classroom of B.A. B.Ed. Semester-V was declared as the best decorated classroom by the judges- Mrs. Amritpal Kaur and Dr. Puja Ahuja. About **200** participants were there for the event.



31. Health and Hygiene Workshop held at P.U. on September 19, 2018

As part of Swachhata Hi Sewa campaign, the Centre for Human Rights and Duties, Panjab University, Chandigarh in collaboration with HPCL organized a Health and Hygiene Workshop for Food Handlers of Panjab University. Prof. Emanuel Nahar, Dean Student Welfare assured that all efforts will be made by his office to ensure the welfare of the workers as well as food safety in P.U. campus.

Dr. Namita Gupta, Chairperson, Centre for Human Rights and Duties stated that the job of the cooks and workers is very important as well as noble so they must try their level best to serve hygienic food to the students. Mr. Satish Negi from Hindustan Petroleum Corporation Limited emphasized on reducing the wastage of food. The Chef of UIHMT of the P.U., Mr Jaswinder apprised the workers about how to handle the food safely, how to preserve the food and also about how they can maintain personal hygiene.

The workshop was conducted specifically for the workers of student centre as large number of students eats food at Student Centre and personal hygiene of workers handling the food is most important. More than **80** workers working at Student Centre as well of various hostels participated in this workshop. After the workshop, hygiene kits were distributed to the workers which included bathing soap, paste, tooth brush, hand towel, shampoo, oil, comb etc. The workshop was followed by a nukkad natak by Parampara Arts to create awareness about safe disposal of waste.



32. Green and Clean Campus Drive at P.U. on September 19, 2018

NSS volunteers in collaboration with Horticulture department conducted Green and Clean campus drive in the common green area between the Department of Geology and Physics at P.U., Chandigarh. The drive under the guidance of Mr. Anil Thakur included the pruning of trees and plants, mowing of overgrown grass and removing of dried foliage from the entire green belt. The earthen pots were also cleaned and painted by the volunteers during the drive. About **100 NSS volunteers** from various departments participated in the drive.



33. Cleanliness Drive at Department of Guru Nanak Sikh held on September 19, 2018

The research scholars and the students of MA Comparative Study of Religion conducted a cleanliness Drive at Department of Guru Nanak Sikh Studies situated at Guru Tegh Bahadur Bhawan on 19th September 2018. They dedicatedly cleaned the whole area of the Department: class rooms, windows glasses, furniture, fans, AC's, coolers, toilets, tiles, walls, stair cases and ground floor area, etc.

Before starting Cleanliness Drive, Prof. Jaspal Kaur Kaang, Academic Incharge of the Department delivered a Special lecture on Guru Nanak's Mission of Cleanliness of Environment: Innerself and Outerself. She quoted the Bani of Guru Nanak who convinced the people for the importance of cleanliness by saying that to achieve God it is most important to clean one's innerself by controlling on the lust, anger, attachment, greed and ego as well as to clean the outer environment.



34. International Day of Peace celebrated at P.U. on September 20, 2018

Mahatma Gandhi Peace Club of Institute of Educational Technology and Vocational Education (IETVE), Panjab University celebrated International Day of Peace on the Theme: "The Right to Peace - The Universal Declaration of Human Rights at 70". About **200** participants were there for the event. Celebrations started with tree plantation in the institute with a aim to cherish what the environment provides us would be the exact way for us to live peacefully and in harmony with our precious environment. Each student adopted one plant to make this world a greener place, to help in nurturing it to life and being responsible for its growth.

Students delivered speeches, presentations and participated in face painting competitions highlighting the different aspects of World Peace.



35. 'Swachhata Mela' organized at PU Campus on September 20, 2018

The Centre for Human Rights and Duties and NSS unit of Panjab University in collaboration with HPCL organized 'Swachhata Mela' as part of 'Swachhata Hi Sewa' at Student Centre, P.U. The Mela started at 9:30 a.m. with many activities including slogan writing competition on the theme of 'Swachta hi Sewa'. More than 150 students participated in slogan writing competition, out of which 5 best slogans were selected. It was followed by a rally of more than 400 students to create awareness about cleanliness. The rally started at 11 a.m. from the Student Centre and was flagged off by Sh. Davesh

Moudgil, Mayor, Chandigarh. Sh. Davesh Moudgil Ji stated that as Chandigarh aspires to become the Best City in cleanliness, it is the duty of all residents of Chandigarh to ensure that this goal is achieved. He urged all the residents to participate in the different programmes launched by U.T. administration to achieve this target. He appreciated the participation and enthusiasm put forth by students in this event. The rally included students of different departments of Panjab University as well as NSS volunteers, NCC cadets and ENACTUS team. Besides this a large number of faculty members across the departments took part in the rally. The rally concluded at Gandhi Bhawan, where Dean University Instructions, Professor Shankarji Jha addressed the students. He commended the Centre for Human Rights and Duties for its efforts and emphasized that the students have a major role in keeping their surroundings clean.



36. Cleanliness Drive held at Student Centre, P.U. by NCC Girl Cadets on September 20, 2018

The NCC girl cadets of 1 Chandigarh Battalion carried out a cleanliness drive at the Student Centre, P.U. the guidance of Dr. Monica Munjial Singh, In-charge NCC Girls,

P.U. The programme was carried out under the Swachhta Hi Sewa fortnight. The programme schedule was chalked out by NCC headquarters. Col. V.K. Sheoran, Commanding Officer Girls battalion appreciated the efforts put in by the cadets. About **50** participants were there for the drive.



37. Cleanliness Drive held at Centre for Police Administration on September 20, 2018

Centre for Police Administration, P.U. in collaboration with NCC P.U. Boys wing organized a cleanliness drive in the Centre for Police Administration. The drive was started with cleanliness at the Emerging Areas Building and the participants were encouraged to promote cleanliness around their surroundings and the statues installed in the University. Lt.(Dr.) Kuldeep Singh Coordinator NCC & Chairperson Centre for Police Administration, Col. Rohit Thakur CO 2nd CHD Bn, Co.l V.K. Sheoran CO 1st CHD Bn, SUO Bipul Raj along with **40** participants were present.



38. Tree Plantation drive held at Human Resource Development Centre, P.U. on September 22, 2018

Prof. Raj Kumar, Vice-Chancellor, Panjab University planted an Ashoka tree during the tree plantation drive at Human Resource Development Centre, P.U. on 22nd September 2018. About 50 students, teaching and non teaching staff members were present during the event.



39. Events for welfare of environment and skill development in teachers held on September 22, 2018

Government Model High School RC2, Dhanas collaborated with Social Substance to organize a series of events for welfare of environment and skill development in teachers. Four sessions were organized in the school on Sep 22, 2018. In the first session, Mr. Jagdish Singh illustrated the utility of open source software for teachers. In another session Dr. Arun Bansal enabled them to use Information and Technology for better time management and analysis of results etc. The emphasis was to increase the productivity and generate in-house resources for students and faculty alike.

In third Session, Dr. Geetra Arora from PEC discussed about the healthy living life style. She was vibrant while highlighting the issues of fast food life style citing that education should lead towards harmony and that can be achieved only with healthy mind and body.

In fourth session, **Mr. Parveen Jaggi, a well known theatre artist** initiated a plantation drive with his family members including her sister who visited Chandigarh from Hollywood. The purpose of this association was to attract more resources for students of school. Mr. Jaggi agreed to coach the students in future for 'nukkad natak' and theatre.



40. Cleanliness Drive Rally held at Panjab University on September, 2018

Week-long celebration of the 150th Birth Anniversary of Mahatma Gandhi, Father of Nation kick started in the Department of Gandhian and Peace Studies, Panjab University, Chandigarh with a cleanliness drive rally from the department and marched towards the route of Arts Block II, IV, Law Department, Boys Hostel 4 & 5, Zoology, Anthropology,

Physics, Chemistry, Administrative Block, VC Office, Boys Hostel 3 & 2 and turned towards Gandhi Bhawan, P.U.

Dr. Seema Pasricha gave a speech pledged an Oath on Cleanliness to the gathering present. The students, faculty, Research Scholars (M.Phil, Ph.d, PDF), students of M.A. 1st and 2nd year and non-teaching staff of the department raised various slogans related to cleanliness and environment such as “Green Campus, Clean Campus, My Dream Campus; Hum Sab Ka Ek Hi Narra, Saff Suthara Ho Desh Hamara; Prakriti ka na Karein haran ao bachaein Parivaran” The main motive behind this drive was to spread the message of cleanliness.



41. Swachhta Drive at Dr. S.S. Bhatnagar University Institute of Chemical Engineering & Technology (SSBUICET), P.U. held on September 26, 2018

A swachhta drive was organized at SSBUICET in which about **200** students, teaching and non-teaching staff members participated in the drive. The fans, spider webs, window panes, benches, podiums, etc. of all the classrooms were cleaned during the cleanliness drive.





42. Cleanliness Drive by Evening College NSS Unit held on September 26, 2018

Evening college NSS unit in collaboration with Horticulture unit of P.U. carried out a cleanliness drive on 26th September 2018 at ICSSR Complex. Around **50** volunteers with NSS Programme Officer, Dr. Nirmal Singh and Shri. Anil Thakur, Divisional Engineer, Horticulture and faculty members of ICSSR cleaned the ICSSR ground. Students of other departments were also sensitized on cleanliness by Dr. Navdeep Sharma, Programme coordinator, NSS, P.U.





43. Cleanliness Drive cum Awareness Camp held at Department of Sociology, P.U. on September 26, 2018

Department of Sociology organised Swachhta Abhiyan cum Awareness Camp in which students were encouraged to spread the knowledge and information about cleanliness and its positive aspects. The students cleaned the benches, fans, tube-lights and spider webs in the classrooms.





44. Tree Plantation and Cleanliness drive held at UILS, P.U. on September 27, 2018

The NSS Unit of University Institute of Legal Studies, Panjab University, Chandigarh under 'Swachhata Hi Seva' organized cleanliness drive and plantation drive under the able guidance of Programme officer Dr. Anupam Bahri and Dr. Amritpal Kaur. NSS volunteers cleaned the ground near the canteen of the Department and planted saplings to be adopted by them. They also sensitized other students to plant more trees. Around 40 saplings of different varieties were planted by volunteers. About **100 students and 30 faculty members** and staff members participated in the drive. Others present during the drive were Prof. Rattan Singh, Director of UILS, Dr. Varinder Negi, Dr. Gulshan, Dr. Anupreet Mavi, Dr. Pawan and Dr. Navdeep Sharma.



45. Experimental Session on “Organic Kitchen Gardening” held at Department of Education in collaboration with Mahatma Gandhi National Council for Rural Education

About **50** students, research scholars, teaching and non-teaching staff of Department of Education in collaboration with Mahatma Gandhi National Council for Rural Education participated in an interactive and experiential session on 'Organic Kitchen Gardening'. Mr. Puneet Arora from Social Substance was the resource person along with Dr. Arun Bansal. The major issues discussed were food security, natural ways of kitchen gardening, need of healthy food, food poisoning etc. Number of health related issues of common people associated with modern life style was discussed as well. Dr. Latika Sharma, Chairperson, Department of Education expressed that true meaning of education is in enjoying what we learn and to integrate it in our lives.



46. “Swachh Department Swachh Campus” drive at Department of Life Long Learning & Extension PU held on September 28, 2018

Department of Life Long Learning & Extension, Panjab University, Chandigarh undertook Swachh Department Swachh Campus drive in the Department and its surrounding areas. Dr. Parmjit Singh Kang spoke about ‘Swachhata Hi Sewa’. Prof. Sween made a passionate appeal to students not to use items made of plastic like polythene bags, plates, glasses, etc. She also motivated students to use only those things which naturally degradable. Dr. Prabha Vig made students take a pledge that they will say ‘No to Polythene & Plastic’. Thereafter students, staff & faculty of the department

cleaned window frames, fans, doors, furniture, stair-cases, railings, water cooler area, corridors, etc. Outside area was also broomed, garbage picked up and parking area and lawns were made litter free.

47. Massive Cleanliness and Tree Plantation Drive UICET, P.U. on September 28, 2018

Under “Cleanliness is Service” campaign launched by Honourable Prime Minister of India Shri. Narendra Modi on 15th September, 2018 for a fortnight, a massive Cleanliness and Tree Plantation Drive was held at Dr. SSB University Institute of Chemical Engineering & Technology (UICET), Panjab University in collaboration with Horticulture unit of Panjab University. The different groups of students of each class and non-teaching staff were assigned the specific classroom/laboratory/area of the department for overall cleanliness viz. furniture, spider webs, window panes, benches, podiums, fans, AC’s, coolers, stair cases and ground floor area, etc. All enthusiastically participated in both the activities. Around 50 saplings of various plants like Chandni, Kaner and Tecoma tree were planted by volunteers in various gardens around the institute, stated Prof. Sanchita Chauhan, Chairperson.

Six dustbins sponsored by Municipal Corporation, Chandigarh to ENACTUS SSB UICET team were also installed at various places in the institute, conveyed Prof. Seema Kapoor, Coordinator, Swachh Bharat Abhiyan, Panjab University. It was informed that the cleanliness drive will be a regular fortnight activity in the institute with each and every student and staff member participating in it.

About **200** students, research scholars, teaching and non-teaching staff of the department along with **30** staff members of horticulture department under the able guidance of Shri. Anil Thakur, Divisional Engineer, Horticulture participated in the drive.





48. Lecture on preparation of emergency kit and administration of first aid at Department of Education

Dr. R. Khullar from Health Centre, Panjab University demonstrated preparation of emergency kit and administration of first aid to the M.A. & M.Ed. students. A Cultural programme to commemorate 111th Birthday of Sh. Shaheed Bhagat Singh was also organised.

49. Swachhta Drive held at Alumni House, P.U. on September 28, 2018

Swachhta drive was held at Alumni House, P.U. Prof. Anil Monga, Dean Alumni Relations along with other official staff cleaned windows, walls, floor, fans, computers

and tables, toilets and furniture of Alumni House. The outside area was also broomed, garbage picked up and parking area and lawns were made litter free.


