

Lecture on Adolescence and Menstrual Hygiene in Ankur School

Chandigarh April 22, 2018

Students of Centre for Public Health , Panjab University, Chandigarh delivered a lecture on Adolescence and Menstrual Hygiene in Ankur School, Panjab University. Female students of class 5th to 10th were taught about adolescence and the Hygeine practices to be followed to maintain a good health. The lecture focused on proper disposal of sanitary pads and maintaining personal hygiene. Queries of students were also addressed.

Mrs Duggal , Principal of Ankur School welcomed the step of Centre for Public Health. She added education of students on these two important issue is really required and it was an attempt to give them platform to have discussion on these issues.

